



Preparing for your office visit

Keeping everyone safe is our top priority

What to Expect for Your Upcoming Office Appointment:

- **You Will Not Have to Wait:** Your examination and testing will be done in an expeditious and safe way. Your doctor will see you rapidly upon check in.
- **Pre-visit With Our Doctor:** Dr. Chou will contact you a day or two before your visit to review your medical history and prepare you for your visit. Covid-19 Screening Questionnaire will be discussed.
- **Staff and Patient Protection:** Our care teams follow CDC guidelines, have proper personal protective equipment (PPE) and wear it at all times. We have also established screening and testing protocols for our care teams.
- **Disinfection and cleaning:** Our office is repeatedly and thoroughly sanitized throughout each day. Exam rooms are cleaned extensively between patient visits.
- **Visitors:** For your safety and the safety of our patients and staff, there are limitations on visitors. We will continue to follow the CDC guidelines.

Preparing for Your Next Visit

- **Sign up for the Patient Ally Portal:** If you haven't already, sign up for the Patient Ally Portal. You will be invited to sign up Patient Ally Portal via the email address we have on file. Once connected you will be able to communicate with your doctor, request for an appointment, ask for refills, and see your labs and results.
- **Minimize your wait time:** You can complete your registration and forms on Patient Ally Portal.
- **Don't forget to bring the following items to your visit**



- Prescription glasses
- Sunglasses
- List of your medications
- Pertinent medical records
- Photo ID
- Proof of insurance
- Authorization or referral forms if required by your insurance company
- Questions for your doctor